



The Upledger Institute, Inc.
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Palm Beach Gardens, FL 33410-3487
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CURRICULUM VITAE

PERSONAL DATA:

Name: "Mya" Gayle Breman, L.M.T., L.C.S.W., CST-D
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LICENSEURE:

- Licensed Clinical Social Worker, (L.C.S.W) 2004
- CranioSacral Therapy Diplomat, (CST-D) 2001
- Florida Licensed Massage Therapist, (L.M.T.) 1992
- Florida National Certification Board for Therapeutic Massage and Bodywork, 1992
- Florida Real Estate License, 1990

EDUCATIONAL BACKGROUND:

1999 Graduated with Masters of Social Work, Barry University
Miami, Florida

1998 Bachelors, Florida Atlantic University, Boca Raton, Florida

1992 Graduated, Seminar Network International School of Massage
Lake Worth, Florida

1978 Associate Arts Degree, University of Pittsburgh, Oakland, Pennsylvania

1964 Charles Morris Price School of Advertising & Journalism

PROFESSIONAL BACKGROUND:

2003 - Present Teaching Assistant, Heart Centered Therapy I
The Upledger Institute, Inc., Palm Beach Gardens, Florida

2002 - Present	Lymphatic Drainage Therapy, Lecturer The Upledger Institute, Inc., Palm Beach Gardens, Florida
2002 - Present	Lymphatic Drainage Therapy Overview, Presenter The Upledger Institute, Inc., Palm Beach Gardens, Florida
2002 - Present	Lymph Drainage Therapy I, Teaching Assistant The Upledger Institute, Inc., Palm Beach Gardens, Florida
2001 - Present	Introduction to CranioSacral Therapy Presenter The Upledger Institute, Inc., Palm Beach Gardens, Florida
2001 - Present	Overview of CranioSacral Therapy The Upledger Institute, Inc., Palm Beach Gardens, Florida
2001 - Present	Tutorial for Overview and Introduction to CranioSacral Therapy The Upledger Institute, Inc., Palm Beach Gardens, Florida
1998 - Present	Ombudsman, ShareCare The Upledger Institute, Inc., Palm Beach Gardens, Florida
1998 - Present	Presenter, Lymph Drainage Therapy Overview The Upledger Institute, Inc., Palm Beach Gardens, Florida
1995 - Present	ShareCare Workshop Presenter The Upledger Institute, Inc., Palm Beach Gardens, Florida
1994 - Present	Clinic Therapist The Upledger Institute, Inc., Palm Beach Gardens, Florida
1994 - Present	Teacher Track/Instructor Training The Upledger Institute, Inc., Palm Beach Gardens, Florida
1993 - Present	Team Therapist, The Upledger Institute & Spinal Cord Dysfunction Brain Center, Palm Beach Gardens, Florida
1998 - 1999	Intern Social Worker at Hospice by the Sea, Boca Raton, Florida
1994	SomatoEmotional Release I Teaching Assistant The Upledger Institute, Inc., Palm Beach Gardens, Florida
1993	Teaching Assistant, CranioSacral Therapy II The Upledger Institute, Inc., Palm Beach Gardens, Florida
1993 - 2001	Teaching Assistant, CranioSacral Therapy I The Upledger Institute, Inc., Palm Beach Gardens, Florida
1992 - 1993	Facilitator, CranioSacral Therapy I The Upledger Institute, Inc., Palm Beach Gardens, Florida
1990 - 1994	Director of Public Relations The Upledger Institute & Foundation, Palm Beach Gardens, Florida
1989 - 1992	Marketing Director The Upledger Institute Inc., Palm Beach Gardens, Florida

1977 - 1988	TV Producer & Account Executive - On Air Talent WPXI - Cox Broadcasting Company (NBC affiliate)
1964 - 1966	Assistant Promotion Director, WCAV-TV (CBS O & O) Philadelphia, Pennsylvania

LECTURES AND WORKSHOPS AT PROFESSIONAL SEMINARS:

1990	CranioSacral Therapy I, The Upledger Institute, Inc.
1991	CranioSacral Therapy II, The Upledger Institute, Inc.
1992	SomatoEmotional Release I, The Upledger Institute, Inc.
1993	SomatoEmotional Release II, The Upledger Institute, Inc.
1994	Advanced CranioSacral Therapy I, The Upledger Institute, Inc.
1995	Advanced CranioSacral Therapy II, The Upledger Institute, Inc.
1996	CranioSacral Therapy for Pediatrics, The Upledger Institute, Inc.
1997	Advanced CranioSacral Therapy III, The Upledger Institute, Inc.
1999	The Brain Speaks, The Upledger Institute, Inc.
2001	CranioSacral Therapy Dissection, The Upledger Institute, Inc.
2001	BioAquatic Exploration; Ocean Therapy I
2003	CranioSacral Therapy and the Immune Response, The Upledger Institute, Inc.
1997	Beyond the Dura Conference, The Upledger Institute, Inc.
1999	Beyond the Dura Conference, The Upledger Institute, Inc.
2001	Speaker at Beyond the Dura Conference, The Upledger Institute, Inc.
2003	Beyond the Dura Conference, The Upledger Institute, Inc.
1994	Visceral Manipulation IA, The Upledger Institute, Inc.
1994	Visceral Manipulation IB, The Upledger Institute, Inc.
1998	Lymph Drainage Therapy Overview, The Upledger Institute, Inc.
1999	Lymph Drainage Therapy I, The Upledger Institute, Inc.
1999	Heart Centered Therapy I, The Upledger Institute, Inc.
2001	Lymph Drainage Therapy II, The Upledger Institute, Inc.
2001	Lymph Drainage Therapy III, The Upledger Institute, Inc.
2004	Heart Centered Therapy II, The Upledger Institute, Inc.
1994	Zero Balancing I, The Upledger Institute, Inc.

LECTURER:

- Lymphatic Drainage Therapy Overview, Canadian Massage and Bodyworker, 6 hour lecture, Banff, Alberta, Canada, 2002
- “Association of Massage Therapists and Wholistic Practitioners” Annual Conference, Banff, Alberta, Canada
- Current Trends in Research, FSMTA Palm Beach Chapter, Florida
- Direction of Energy, FSMTA Palm Beach Chapter, Florida
- CranioSacral Therapy: Accessing your Inner Physician

Mind Body Connection Workshop, Islamorada, Florida

- CranioSacral Therapy and ShareCare Workshop
Florida Chiropractic Association, Fort Lauderdale, Florida
- CranioSacral Therapy: The Inner Physician, Mind, Body & Spirit, Fort Lauderdale, Florida
- CranioSacral Therapy and Direction of Energy, Health Care Company, Light House Point, Florida
- CranioSacral Therapy: An Introduction, AMTA Sacramento Chapter, Sacramento, California
- Compassionate Touch: CranioSacral Therapy in Action
Social Workers Association, Boca Raton, Florida
- Introduction to CranioSacral Therapy, Holistic Health Care, Stuart, Florida
Retirement Community of Devonshire, Palm Beach Gardens, Florida
- Florida Chiropractic Association, Mind Body Spirit, Key Largo, Florida
- Mind/Body/Spirit Convention, Fort Lauderdale, Florida
California State Massage Convention and New Jersey State Massage Convention
- Health & Wellness Conference, Introductory to CranioSacral Therapy - 3-Hour Lecture
Rockville, Maryland, October 1994
- Academy of Healing Arts, Introductory to CranioSacral Therapy - 3-Hour Lecture
Lake Worth, Florida, October 1993 & 1994 and Lake Worth, Florida, April 1993
- Seminar Network International, Introductory to CranioSacral Therapy - 3-Hour Lecture
Lake Worth, Florida, April and September 1993

ACHIEVEMENTS:

Phi Kappa Pi Honor Society Graduate Cum Lude, Barry University
Valedictorian for Graduating Massage Therapy Class
Price Award for Best Advertising Campaign

COMMUNITY ACTIVITIES:

- Cease Fire House - Homeless Shelter for Vietnam Veterans
- Heart Association Volunteer
- AMTA (American Massage Therapy Association)
- FSMTA (Florida State Massage Therapy Association)
- NASW (National Association of Social Workers)